

The following guidelines will be continually kept under review and are subject to change.

Covid Guidelines for Cheltenham Branch Classes and Dances

It is the responsibility of everybody to make the dancing environment as safe as possible for others.

The committee kindly requests you to adhere to the following precautions:

- If you are feeling unwell please do not attend classes or dances. Please leave the class or dance if you begin to feel unwell.
- Please do not attend classes or dances unless you are as up to date as possible with Covid vaccinations.
- Please take a lateral flow test before attendance of classes and dances. Only attend if the result is negative.
- Use disinfecting gel on arrival and before and after each dance.
- It is not necessary to wear a mask during dancing, but if a member feels safer doing so, then that would be perfectly acceptable.
- The dancing environment will be as well ventilated as possible.
- Members are asked to bring their own drink, cup and snack for refreshment.
- Everyone to sign in for fire regulations and this will be used for track and trace. Non-members please add contact details to this list.
- A QR code will be available for each venue to facilitate tracking using the NHS COVID App.

1 November 2021